



Personal Touch

Adult \$2.95

Monday	Tuesday	Wednesday	Thursday	Friday	NYS LOCAL FOODS
2 Muffin	3 Bites	4 Donut	5 Cinnamon Roll	Midway for K-2 Bagel with Cream Cheese	*Upstate Farms Milk, Yogurt, Sour Cream Eden Valley Growers Assorted Varieties of Apples
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		Eden Valley Growers Assorted Fruits & Vegetables <u>used in Meal Program</u> highlighted in green
9	10	11	12	13 Ellery Park picnic for K	<u>mgmgned mgreen</u>
Waffles	Muffin Top	Donut	Smoothies	French Toast	
					Breakfast Options Daily
	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		*Daily Entrée-1 (2g) or
16 Muffin	17 Bagel Egg & Sausage	18 Donut	19 JUNETEENTH	Field Day 20 Bagel with Cream Cheese	Assorted Cereal 1oz w/Toast (2G) Belly Bears w/4oz Yogurt (2G)
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Celebrate Freedom	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	
23 Cook's Choice	2 ⁴ Last day for UPK-6 Cook's Choice	25	26 Congrats	27	<u>Offered with all Breakfasts</u> *Whole Grain (WG) Entrees
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	A Re	Graduates ,		*Daily Selection of Fresh or Prepared Fruit 100% juice -1/2 cup may take up to 1 cup
	re a SWEET & S	AFE Summer		All Children under 18 are eligi- ble for free food refer to web- site and /or phone #	*NY State Non-Fat or 1% White Milk 8oz
			Visit <u>Www.Summe</u>	or Summer Meals Please rmealsny.Org Or Call 211 5-3-HUNGRY.	This institution is an equal opportunity Provider and Employer
Approved by PTFS Dietitian:	Perry Schmidt, MS, RD, CD	N If your student has a	particular food allergy, please conta	ct the food service office a	Student (1st) FREE

Harvest of Septhe Month

NYS Apples

Г

June

2025

K-12

(716)665-6624